

# Understanding the Enneagram

*An Introductory Workshop presented by LaVelle Lourdes*



## Workshops will include.

- *The Enneagram - What is it?*
- *Fascinating history of the Enneagram*
- *A thumbnail sketch of each of the 9 personality types*
- *Ego personality vs. Essence*
- *Triads and levels of development*
- *Explanation of follow-up in-depth 10-week program*

## RSVP for one of the following workshops:

- **Friday Oct 13**
- **Friday, Nov 3**
- **Saturday, Dec 2**

**Workshops are in the Kino Center Ocotillo Room. 2-4 PM**



**The Enneagram has a multitude of real-world applications.**

*It can be a tool for...*

- *understanding yourself and others*
- *person growth and discovery*
- *business relationships*
- *parenting*
- *bridging cultural differences*

Join us for an afternoon of self-discovery and more!

RSVP to LaVelle at  
[sugarswartz@yahoo.com](mailto:sugarswartz@yahoo.com)